Important Numbers

Fire and police emergency – 911 Social service resource and referral – 211 (or www.211iowa.org)

Domestic Violence Hotline (<u>Family Crisis Center</u>) 1-800-382-5603 (24/7)

Sexual Assault Hotline (<u>C</u>enters <u>Against Abuse & S</u>exual <u>A</u>ssault) 1-877-362-4612 (24/7)

Statewide Child/Dependent Adult Abuse Hotline 800-362-2178 (24 hours/day) —Report suspected abuse.

Iowa Child Care Complaint Hotline 1-844-786-1296

Report a child care business that is not meeting Iowa's child care rules.

Iowa Concern HotlineFor stress, financial and legal issues. **800-447-1985 (24 hours/day)**

If you need help or see something suspicious, call the National Human Trafficking Hotline:
888-373-7888 or text "Help" to BEFREE (233733)
Call Specialists are available 24/7 to take reports of potential human trafficking. All reports are confidential and you may remain anonymous. Interpreters are available.

Disclaimer: The services and information in this directory are not all inclusive of the resources in our community. If you are aware of other community services you would like to add to this directory or if you know of inaccurate information listed in this directory, please contact *BVCS Early Childhood Iowa* (page 22). Your assistance is greatly appreciated.

Crawford County Resource Directory



Updated by: BVCS Early Childhood Iowa

Revised: October 2018

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Financial & Income Assistance

Beginning Farmer Center

Phone: (800) 232-1999

Hours M-F 8:00am - 4:30 pm

Resources to help the next generation of farmers

http://www.extension.iastate.edu/bfc/

> Child Support Unit- Enforces payment of ordered child

Phone: 1-888-229-9223 (Toll Free) Website: https://childsupport.ia.gov/

Support, assists in modifying or ending a child support order when

appropriate.

Community Service Office:

Mental Health, General Relief & Veterans Affairs

Address: 1202 Broadway, Denison, IA 51442 (Courthouse)

Phone: 712-263-2720

Veterans Affairs State Hot Line: 800-827-1000

Hours: 8:00 am - 4:30 pm M - F

Provide assistance to Mental Retardation and Developmental Disability Clients, and emergency assistance. Assist veterans and family members in applying for veterans benefits (ie: pension or service connected compensation, medical, death and burial, education, home loan, life insurance).

Consumer Credit Counseling

Phone: 712-252-1861 or 877-580-5522

> Dept. of Human Services Office (DHS)

Main/Mailing Address: 608 N. Court Street, Suite C, Carroll, IA 51401

Denison Office Hours: By appointment only

Carroll Office (toll-free): 1-866-202-5968 or 1-712-792-4391

Fax: 712-792-1516

Iowa DHS Customer Service Center 1-877-347-5678

Website: https://dhs.iowa.gov/

Income and Resources for Meeting Basic Needs

- Medicaid/Title 19 health care
- <u>Family Investment Program www.oasis.iowa.gov</u>
- Food Assistance (Food Stamps) www.oasis.iowa.gov
- Child Care Payment Assistance www.oasis.iowa.gov
- Job Training Assistance
- Case Management for persons with disabilities 712-263-6760
- *hawk-i* <u>https://dhs.iowa.gov/hawk-i</u> 800-257-8563

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Financial & Income Assistance

> Iowa Health and Wellness

Department of Human Services Contact Center

Toll-free phone number 1-855-889-7985

Monday – Friday, 7:00 am – 6:00 pm. Website: http://www.ime.state.ia.us/

Health Care Assistance: Do you have questions about applying? You can apply online-, by phone, by mail, or in person at your DHS office (page 2). Questions on Medicaid and Health Care Coverage: If you're new to Medicaid and looking for information about health care coverage options.

> Iowa Marketplace – Medical Assistance

Phone: 1-800-318-2596 Website: HealthCare.gov

Crawford County Memorial Hospital - Certified Application Counselors

100 Medical Drive, Denison, IA 51442

Phone: 712-265-2500

Individuals and small businesses can use the Marketplace to purchase affordable health insurance from a choice of products offered by qualified health plans. The Marketplace will also coordinate eligibility and enrollment with Medicaid and CHIP (the *hawk-i* program).

> Minstrel Association

Phone: 712-210-2861

Neighbor Helping Neighbor - make contact through local churches. Modest funding to assist with essential financial needs of individuals and families, applications process is established.

> Supplemental Security Income (SSI)

Social Security Administration, 818 Bella Vista Drive, Carroll, IA 51401

Phone: 866-572-8381

Hours M-T-TH-F 9:00 am - 3:00 pm W 9:00 am - Noon

National Helpline: 800-772-1213 (MC Eligibility & Card Replacement)

http://www.socialsecurity.gov/

Monthly income available for low-income individuals who are disabled or over 65.

> Temporary Assistance Program (TAP)

Address: 210 S 25th St, Denison, IA 51442

Phone: 712-263-4733

Hours: M & Th 9:00 am - Noon

Program for families in need of food and clothing.

> Financial & Income Assistance

> West Central Community Action Outreach Center

Address: 145 N 7th Street, Denison, IA 51442 Phone: 712-263-3538; Fax: 712-263-4959.

Website: http://www.westcentralca.org/Outreach%20Centers.html

Hours: 8:00 a.m. -4:30 p.m. Mon-Fri

Low Income Home Energy Assistance Program

The Low-income Home Energy Assistance Program (LIHEAP) is designed to aid qualifying low-income Iowa households (homeowners and renters) with income at or below 150% of the Federal Poverty Guidelines. Applications are accepted on a first come/first served basis from November 1 through April 30 (October 1 for households with elderly/disabled member).

- To provide payment of a portion of their residential heating cost for the winter heating months,
- To encourage regular utility payments,
- To promote energy awareness and to encourage reduction of energy usage through energy efficiency, client education, and weatherization.
- Outreach Center provides a "clothing room", school supplies (financial eligibility), Christmas time Goodfellows (financial eligibility), information for the GAP a program to assist in obtaining a vocational degree (financial eligibility),

Financial Literacy Counseling

1408a Hwy 44, PO Box 709, Harlan, IA 51537 Phone: 712-755-5135: Fax: 712-755-3235

Financial Literacy Counseling offers adults and children the opportunity to learn to build financial security. Financial Literacy is offered at no cost to families throughout West Centrals 10 county service area. Adults and children learn to:

Reduce debt, Build savings, Improve credit, create a budget, develop a plan to accomplish financial stability, and practice wise shopping.

Safe Link - Telephone Assistance Programs

1408a Hwy 44, PO Box 709, Harlan, IA 51537 Phone: 712-755-5135; Fax: 712-755-3235

A service supported by the Federal Lifeline Program. As a qualified recipient you have the right to request a free cell phone with up to 1250 free text or 250 free monthly minutes, for local & long distance calls, texting and more!

Service Organizations

Service Organizations/Councils in and around Crawford County

Chamber and Development Council of Crawford County:

Phone: 712-263-5621 Fax: 712-263-4789

Website: https://www.cdcia.org/

Denison Library Friends:

The purpose of this organization is to maintain, enhance and grow the

economic viability of all Crawford County Communities.

Crawford County Child Abuse Prevention Council: The purpose of the Council is "to promote positive and safe environments for the children in out community through public awareness, education, and services designed to prevent abuse and neglect". The council meets bi-monthly, contact 712-263-3303 for more information.

Crawford Early Childhood Iowa & Decat/CPPC Community Coalition:

712-662-3880 or 712-792-4391 ext. 239

The council's purpose is to identify needs in the community around early childhood issues.

Denison Jaycee's:
Dolly Parton's Imagination Library:
Drug Alcohol Tobacco Coalition (Dr AlTo): Coalition to address prevention strategies around drugs, alcohol, and tobacco. New members welcome. Phone 712-263-3303
Lions Club (Carroll): www.iowakidsight.org Department of Ophthalmology and Visual Sciences 2346 Mormon Trek Blvd., Ste. 2700, Iowa City, IA Phone: 319-353-7616 Fax: 319-467-5091 email: kidsight@uiowa.edu
Masonic Lodge (Manilla):
Saint Rose of Lima PTL: Board meets monthly, parents assist at events.
Schleswig Community Club:
Southwest Latino Association:

Crisis Phone Numbers

Iowa Department of Human Services Centralized Intake (800)-362-2178 Report adult/child abuse.				
Boys Town National Hotline				
Compulsive Gambling(800)-BETS OFF (800)-238-7633)				
County Wide Emergency/ Law Enforcement/Ambulance/Fire911 Non-Emergency712-265-2500 Crawford County Hospital712-263-5021 Law Enforcement				
Sheriff				
Mental Health Institute – Cherokee				
Poison Control(800)-222-1222 Website: http://www.poison.org/				
Iowa Concern Hotline				
AnswerLine				
Healthy Families				
Teen Line(800) 443-8336 Available all hours, all days -Personal and health-related information and referral				
Suicide Help(800) 273-TALK http://www.suicidepreventionlifeline.org/				

Housing Assistance

Region XII Regional Housing Authority

Address: PO Box 663, 320 E 7th Street, Carroll IA 51401

Phone: 712-792-5560; Fax: 712-792-1650

Section 8 rental housing vouchers available to households meeting income guidelines, for use in paying for housing that meets rental guidelines and inspection.

> Region XII Council of Governments

Address: 1009 East Anthony St, PO Box 768, Carroll, IA 51401

Phone: 712-792-9914; Fax: 712-792-1751

Website: www.region12cog.org

Housing assistance to benefit low to moderate income home buyers or home owners, including a Revolving Loan Fund for home repairs, and down payment assistance. Region XII COG also assists communities with housing issues on a larger scale.

> USDA Service Center (Farm Service Agency)

Address: 3707 Timberline Drive

Phone: 712-263-6197 or 712-263-5018 Fax: 855-211-4009

Hours: M - F 8:00 am - 4:40 pm

https://www.fsa.usda.gov/

Farm Service Agency - Providing loans for farmers.

Natural Resource Services

Phone: 712-263-4123 ext. 3 Fax: 855-233-1292

Conservation assistance for farmers/urban.

> USDA Service Center; Area 8 - Le Mars

Address: 1100 12th Street SW, Suite C, LeMars, IA 51031-3034

Telephone: (712) 546-5149

Website: http://www.rurdev.usda.gov/IA_Home.html

<u>Home Repair Assistance</u>: Very low-cost loans available to make needed home repairs or renovations. In some cases grants are also available.

Income guidelines apply.

<u>Home Buyer Program</u>: Low-cost loans with no down payment required available for purchases of homes in rural areas (including small towns). Income guidelines apply.

Weatherization

West Central Community Action

1408a Hwy 44, PO Box 709, Harlan, IA 51537 Phone: 712-755-5135; Fax: 712-755-3235

Website: http://westcentralca.org/

Minor home improvements to reduce residential energy costs, available to homeowners and to renters. Typical steps include blowing insulation; sealing doors; duct sealing; and basic heating repair. Education given on use and maintenance of improvements made.

Food Resources

> Crawford County Hunger Fighters

Phone: 712-263-3282 or 712-269-1576 Weekly backpack and monthly food pantry.

> Congregate Meals

Sponsored by 60+ Nutrition Agency and Elderbridge Agency on Aging.

- Crawford County Senior Center: 201 S Main St, Denison Phone: 712-263-4950
- Manilla receives meals from Manning Site 612 Main St, Manning IA, home delivered, Phone: 712-655-3417.
- Rickets Community Center 301 Oak, Rickets, IA, receives meals from Denison site, Phone: 712-678-3831 or 712-679-2742.

Nutritious lunch provided Monday-Friday. Call the meal site to make a reservation a day in advance and to determine the time the meal is served. For eligible diners (persons 60 and older, his/her spouse and dependents with disabilities) meeting income guidelines, a half-price donation is suggested. For eligible diners with income above guidelines, a full-price contribution is suggested. For those under age 60, full price applies. Food stamps can be used. Call to find out current price.

Hortline

Phone: (515) 294-3108

Hours: M-F 10:00 am - Noon and 1:00 pm - 4:30 pm - Lawn, garden, and

landscape plant questions

http://www.yardandgarden.extension.iastate.edu/

> Summer Lunch Programs

----Join us for a free lunch! Open to all children and teens 18 & under. No registration or identification is required. Schleswig Community Schools all summer long, Mon – Fri. Lunch 11:00 am – 12:30 pm.

> WIC (Women, Infants and Children)

West Central Community Action

Address: 145 N 7th Street, Denison, IA 51442

Phone: 712-263-3538

1408A Hwy 44, Harlan, IA 51537

Phone: 712-755-5135 Website: http://westcentralca.org/WIC provides coupons to buy milk, cheese, baby formula, fruit, juice, cereal, and other healthy foods, along with nutrition information. For pregnant, breastfeeding, and post-partum women, or families with children under 5; income guidelines apply. Local clinics, days and times may vary due to site change, Holidays and weather – it is best to call before coming (walk-ins welcome) 800-338-4129; cell phone-clinic days only: 712-249-2545.

Elementary

Ar-We-VA – Westside – Phone: 712-663-4311 Boyer Valley – Dow City – Phone: 712-674-3248

Charter Oak-Ute – Charter Oak – Phone: 712-678-3325

Denison Community – Denison (K-3) – Phone: 712-263-3104 Denison Community – Denison – (4-5) Phone: 712-263-3103

IKM-Manning – Irwin – Phone: 712-782-3126 St. Rose of Lima – Denison – Phone: 712-263-5408

Schleswig – Schleswig – Phone: 712-676-3313 Zion Lutheran – Denison – Phone: 712-263-4766

> Middle Schools

Ar-We-VA – Westside – Phone: 712-663-4311 Boyer Valley – Dunlap – Phone: 712-643-2258

Charter Oak-Ute – Charter Oak – Phone: 712-678-3325

Denison Community – Denison – Phone: 712-263-9393 IKM-Manning – Manilla – Phone: 712-654-2852

St. Rose of Lima – Denison – Phone: 712-263-5408

Schleswig – Schleswig – Phone: 712-676-3313 Zion Lutheran – Denison – Phone: 712-263-4766

> High Schools

Ar-We-VA – Westside – Phone: 712-663-4311 Boyer Valley – Dunlap – Phone: 712-674-2258

Charter Oak-Ute – Charter Oak – Phone: 712-678-3325 Denison Community – Denison – Phone: 712-263-3101

IKM-Manning – Manning – Phone: 712-655-3781 St. Rose of Lima – Denison – Phone: 712-263-5408 Zion Lutheran – Denison – Phone: 712-263-4766

Colleges

Western Iowa Tech Community College – Phone: 712-263-3419

Buena Vista University – Phone: 712-263-2127

IA Western Community College – Harlan – Phone: 712-755-3568

> North West Area Education Agency

Administrative Office

1520 Morningside Ave. - Sioux City, IA

Phone: 800-352-9040 Fax: 712-222-6123

https://www.nwaea.org/

Denison Office

2008 Highway 59 S – Denison, IA 51442

Regional support system for K-12 school districts, providing special services, training, and technical assistance for school staff, students, and their families.

Families - Children & Youth

> North West AEA/Early ACCESS

2008 Highway 59 S. - Denison, IA 51442

Phone: 712-263-4625 Fax: 712-563-3190

Administrative Office: 1520 Morningside Ave - Sioux City, IA 51106

Phone: 800-352-9040 Fax: 712-222-6123

Website: http://nwaea.k12.ia.us

System of early intervention services for children with or at risk of

developmental delays. Early ACESS 0 -3; AEA 3 – 18.

> Plains Area Mental Health Center

20 N 14th St, Denison, IA 51442

Phone: 712-263-3172 Fax: 712-263-5756

"Community Link" Mentoring Program

Hours: 8:00 am - 5:00 pm M-F

Serving students of Crawford County ages 5-17. Community

based/outside of school hours.

> Therapy Place Inc.

Phone: 712-254-9018 Fax: 712-254-9019

Website: https://www.therapyplaceinc.com/

Community Family Team Meeting and Dream Team Meetings.

> Parent Partner Program

Parent Partner Coordinator, Children & Families of Iowa,

Phone: 515-971-6730 Website: http://dhs.iowa.gov/parent-partners The Parent Partners mentor families who are currently involved with DHS for child protection issues and work directly with child welfare workers, providers and policy makers to influence helpful change in the area of child protection and services.

rotection and services.

Education

> Child Care Centers

Boyer Valley Campus Care – 212 S School Street – Dow City

Phone: 712-674-3826

Children's Imagination Station – 1826 3rd Ave South – Denison

Phone: 712-263-7100

Manilla – planning and implementation stage.

> Preschools

Ar-We-Va Little Rockets: Westside – Phone: 712-263-4313 Charter Oak-Ute: Charter Oak – Phone: 712-678-3325

Denison Community School District: Denison – Phone: 712-263-3104

IKM Manning/Manila: Phone: 712-782-3126

Immanuel Lutheran: Denison – Phone: 712-676-2235 Our Savior Open Arms: Denison – Phone: 712-263-3282 Saint Rose of Lima: Denison – Phone: 712-263-5408 WCCA Head Start Preschools: (800) 698-5886 (see page 25)

Employment

> Iowa Works of Carroll

619 N Carroll St, Carroll IA 51401;

Phone: 712-792-2685 Fax: 712-792-6605 8:30 a.m. – 4:30 p.m. Hrs: M, T, Th, F and Wed 9:00 – 4:30

Website: http://www.iowajobs.org/

Primary services: job placement, job insurance filing, services for veterans, labor market information, re-employment services. **Additional services**: pre-employment training, skills assessment,

resume writing, on-the-job training, at-risk youth. A *Resource Center* is available Monday-Friday 8:30 a.m. – 4:30 p.m. for use of computer equipment.

Iowa Vocational Rehabilitation Services

Phone: 712-792-9351 Fax: 712-792-4460

Website: www.ivrs.iowa.gov

Assist people with disabilities to return to the workforce.

Promise Jobs

Phone: 712-792-9812

https://dhs.iowa.gov/reports/promise-jobs-reports

> Job Corps

National Info-Line: 800-733-JOBS; (800-733-5627)

http://recruiting.jobcorps.gov Denison Job Corps Center

10 Opportunity Dr, P.O. Box 610, Denison, IA 51442

Phone: 712-263-4192 or 712-265-2300 Fax: 712-263-6910

https://denison.jobcorps.gov/

Education and training of young persons: ages 16-24, solo parent program on site.

For application information: contact one of the numbers above.

Public Libraries

Charter Oak –461 Railroad Ave – 51439	712-678-3425		
Norelius Community Library –1403 1st Ave South Denison –51442			
	712-273-5334		
Schleswig Library 2002 Cedar St = 51461	712-676-3470		

Transportation

Diamond Taxi

Phone: 712-263-3111

▶ Western Iowa Transit System

Region XII Council of Governments, Address: 1009 E Anthony St, Carroll, IA

Carroll Phone: 712-792-9914

www.region12cog.org

Denison Address: 615 Ave C Denison, IA

Denison Phone: 712-263-6661

Door-to-door transportation services with flexible schedules to meet the needs of its riders. Per trip fee applies. Sixty buses and vans serve Audubon, Carroll, Crawford, Greene, Guthrie, and Sac Counties. Most of our buses are ADA accessible. Contact one of the above numbers at least 24 hours prior to the needed ride. Available to all citizens

Family Safety

> Family Crisis Centers

Addresses: 1202 Broadway (Minority Outreach); Our Savior Lutheran Church 500 N 24th St (Domestic Abuse/Sexual Assault), Denison, IA

Phone: 712-263-3765 or 800-382-5603

Domestic Abuse/Sexual Assault Advocates and Minority Outreach Support groups and counseling for individuals and families & temporary shelter for abused women and their families.

➤ Reporting Child Abuse and Dependent Adult Abuse Iowa Department of Human Service Centralized Intake -Child/Dependent Adult Abuse Hotline (24 hours/day): 800-362-2178

Families -Children & Youth

➤ Head Start

West Central Community Action 1408A Hwy 44, Harlan, IA 51537

Website: http://westcentralca.org/

Denison Address: 1826 3rd Ave South, Denison, IA 51442

Phone: Denison I- 712-263-7105 - Phone Denison II: 712-263-7106

Beyond Dreams Head Start

10 Opportunity Drive, Denison, IA 51442

Beyond Dreams II - 712-265-2404 - Beyond Dreams III: 712-265-2411 Head Start is a federally funded preschool program for children age three and four by September 15 of the school year. The program offers comprehensive services to enrolled children and their families. Children at Head Start receive nutritious meals, active learning experiences and dental and health gives, support is offered for children with disabilities. Families of enrolled children are encouraged to become involved and are connected to resources and community services as needed. The Head Start program is child-focused with the overall goal of increasing the school readiness of young children. Income guidelines apply.

> Juvenile Court Services

Crawford County Juvenile Court Services Dept. Address: 2nd Floor, Crawford County Courthouse

1202 Broadway, Denison, IA 51401

Phone: 712-263-5442 Fax: 712-263-5468 Emergency number on call machine 712-263-3195 (Denison Police)

Hours: 8:00 am - 4:30 pm M-F

Handles matters pertaining to juveniles 17 years of age and younger who

have committed crimes.

> Lutheran Services in Iowa

Address: 205 S 7th St. Denison, IA 51442

Phone: 712-263-9341 Fax: 712-263-6061

M- F 8:00 am - 4:30 pmWebsite: http://lsiowa.org/

Behavioral Health Intervention Services (BHIS):

Work with child/ren struggling with a serious behavioral or emotional disorders. The BHIS team wraps care around a child's entire family to empower then with skills like anger management, healthy decisionmaking and problem solving.

Foster Care and Adoption

Family preservation, foster care and adoption services. Providing support to current Foster families, help families through the process of becoming foster or adoptive parents and provide families with support along the way.

Pregnancy prevention program

The program supports and educates Iowa youth and teenagers. We lift up students in need of peer support, guidance, or a listening ear, and we introduce them to healthy decision-making to prevent high-risk behaviors.

Families - Children and Youth

> Early Head Start

West Central Community Action 1408A Hwy 44, Harlan, IA 51537 Denison Address: 1500 5th Ave South, Denison, IA 51442

Phone: 712-263-5562

Website: http://westcentralca.org/

"Provides quality age appropriate educational opportunities for children and families for ages prenatal up to age 5 including children with a

disability."

Administrative Office: Harlan IA – (800) 698-5886

> Family Development and Self-Sufficiency (FaDSS)

West Central Community Action 1408A Hwy 44, Harlan, IA 51537 Phone: 712-755-5135 or Onawa office: 712-423-2603 (home visitor)

Website: http://iowacommunityaction.org

FaDSS is a state-sponsored program to help families who are receiving FIP work to become self-sufficient, through home visits and work with a Family Development Specialist. *Eligibility:* Adult member of household must receive FIP (cash assistance through DHS). Call for appointment.

> Family STEPS Program

Crawford County Home Health, Hospice & Public Health

Address: 105 N Main, Denison, IA 51442

Phone: 712-263-3303 Fax: 712-263-4033

Website: http://crawfordcountyhealth.com/

Free home visits providing support and education to expectant parents and to parents with children up to age 5. Designed to help provide children a healthy start and to reduce the stress associated with the birth of a baby. No income guidelines.

> Family Support Coordinated Intake (State Level):

Phone: 1-888-IAKIDS1 (1-888-425-4371) or

email: earlyaccessia@vnsdm.org

Coordinated Intake is to provide coordinated access to home-based prenatal instruction/child and family support services. Families prenatally and or with children through age five years of age to ensure appropriate referrals, prevent duplication of services, and identify and address gaps in services. Information specialists are available via telephone and e-mail, Monday through Friday, 8:00 a.m. to 7:00 p.m.

Health:

> American Cancer Society

Address: 905 E Hwy 30, PO Box 907, Carroll, IA 51401 Phone: 712-794-0100 or 800-227-2345 Fax: 712-794-0101

> Crawford County Food Inspections

Phone: 712-755-2609

> Environmental Health

Address: 114 E/6th St., Carroll, IA 51401

Phone: 712-792-9532

The office is located in the basement of the courthouse.

Office hours: Mon – Fri 8:00 am to 4:30 pm. Call before traveling to the

office in Carroll.

Crawford County Services include: Well Permits and Testing, Septic Permits, Pool and Spa Inspections, Tanning Bed Inspections, Funeral Home Inspections, Public Health Programs such as Radon, Carbon Monoxide, and Public Health Complaint Investigations

➤ Health Services Program

New Opportunities Inc. 2371 Highway 30E, Box 427, Carroll, IA 51401 Call for appointment: 800-642-6330 ext. 206, or 712-792-1344 Sliding fee scale, insurance accepted. Pap Smears & Breast Exams, Pregnancy Testing, Prenatal Education, Birth Control, STD/STI Testing.

> Hospitals

• Saint Anthony Regional Hospital

Address: 311 S Clark – Carroll, IA 51401

Phone: 712-792-3581

• Crawford County Memorial Hospital

Address: 100 Medical Parkway

Phone: 712-265-2500 or 888-747-0852 Fax: 712-263-1600

Website: http://ccmhia.com/

Provides all major hospital services and clinical services. Ambulance services calls. Marketplace Certified Application Councilors for the Affordable Care Act Application available.

Telecare – 712-263-5691 Telephone contact to Denison elderly daily.

• Manning Regional Healthcare Center

Address: 410 Main Manning, IA 51455 Phone: 714-655-2072

Website: http://www.mrhcia.com/

The Manning Regional Healthcare Center provides comprehensive

health care.

Health

> Crawford County Home, Health Hospice & Public Health

Address: 105 N Main, Denison, IA 51442

Phone: 712-263-3303 Fax: 712-263-4033

Website: http://crawfordcountyhealth.com/

Skilled Nursing/Home Health: Home Health or D&D (Disease and Disability) Nurses provide home visits to clients to assess health care

needs and provide other health care services.

Clinics: call for appointments:

Child Health Clinic: Child Health provides a variety of medical services based on the child's age and needs. Services may include physical examinations, immunizations, vision testing, doctor and dental referrals, nutritional and family counseling. Clinics will be held at the Methodist Church in Denison

Maternal Health Clinic: Maternal Health Program offers educational information regarding maternal health, as an extension of the information received from the mother's-to-be physician. Services include nutritional and family counseling and essential information regarding the entire birth experience, from conception through pregnancy and the actual birth.

Family Planning Clinic: Family Planning offers birth control, pregnancy tests, physical exams, cancer screenings, pap smears, breast exams, blood pressure, anemia screenings, tests and treatment for sexually transmitted diseases. Confidential HIV screening and counseling by appointment. Proof of identity and proof of one full month's income (check stubs for the entire month) is required.

Family Planning Supply Pickup: 2:00 to 4:00 p.m. on Wednesdays and 2:00 to 4:00 p.m. on Fridays, at the Public Health Office, 105 N. Main Street in Denison, or schedule an appointment.

Immunizations Clinics: Clinics will be held at the Public Health Office, 105 N. Main Street in Denison. These are walk-in clinics with no appointment needed. At Immunization Clinics, nurses give recommended immunizations to children 2 months old through 18 years of age. Parents must accompany the child to the clinic. A \$20 donation per child is suggested to help defray expenses. Please bring child's social security number, all immunization records and Title 19 card (if applicable). If you're insurance covers immunizations, including hawk-i insurance, please take your child to your family physician.

Families - Children and Youth

> Child Care Nurse Consultant

Crawford County Home Health Hospice, & Public Health

Address: 105 N Main, Denison

Phone: 712-263-3303

Website: www.crawfordcountyhealth.com

The Child Care Nurse Consultant provides health and safety issues/trainings in early care and education environments.

Child/Dependent Adult Protection –

Phone: 1-800-362-2178.

Report suspected abuse - Statewide Child/Dependent Adult Abuse

Hotline (24 hours/day).

> Child Care Homes and Centers for Registration/Licensing

Department of Human Services

Mailing Address: CCAU 1305 East Walnut St, Des Moines, IA 50319

Phone: (toll-free): 866-448-4605

http://www.dhs.state.ia.us/Consumers/Find Help/A-Z Services.html

> Crawford County ISU Extension & Outreach

35 S Main St.

Denison, IA 51442

Phone: 712-263-4697 Fax: 712-263-3366

Open M – F 8:00 am – 5:00 pm Email: Crawford@iastate.edu

Website: http://www.extension.iastate.edu/crawford/

Information and education regarding agriculture, home economics,

family life, nutrition resources and youth programs.

> Crossroads of Crawford County

3707 Timberline Drive, Suite 3 Denison, IA 51442

Phone: 712-393-4673 (HOPE)

Crossroads of Crawford County is a Christian outreach for the people and communities in Crawford County. Matching people with resources to fit their personal or family needs while encouraging and supporting them through the situation.

Decat/CPPC

(Community Partnership for Protective Children)

608 N Court, Carroll, IA 51401 Phone: 712-792-4391 ext. 239 Email: mscott@dhs.state.ia.us

Crawford/Sac Board funding programs for children 5-18 years. Local Planning Groups meet bi-monthly in Denison. Call for information about Community Based Family Team Meetings.

Families -Children & Youth

Baby's Boutique –

Crawford County Home Health, Hospice & Public Health

Phone: 712-263-3303.

A program to assist parents with children up to one year of age. For

information contact

> Buena Vista, Crawford, Sac, Early Childhood Iowa

116 South State Street, Suite 4, Sac City, IA 50583

8:00 am 4:30 pm Monday-Friday

Phone: 712-662-3880

Website: <u>bvcsempowerment.com</u>

The BVCS Early Childhood Iowa 3-County Board provides funding to early childhood programs for children prenatal through age five through a

Request for Proposal process.

Preschool Tuition Scholarships

Financial assistance in paying for 3 & 4-year-old preschool tuition to a local preschool. Sliding fee determined by income. Application required available at participating preschool, BVCS ECI website, or calling the office.

Child and Adult Care Food Program

West Central Community Action

Address: 1408a Hwy 44, P.O. Box 709, Harlan, IA 51537

Phone: 712-755-5135

Website: https://www.westcentralca.org/

Subsidizes healthy meals and snacks in participating registered child care homes and licensed child care centers. Child care providers: call

for information on how to participate.

➤ Child Care Resource and Referral (CCR&R)

Mid-Sioux Opportunity Inc. 418 Marion St, Remsen IA 51050 Phone: 877-216-8481 Fax: 712-786-3250

Website: www.iowaccrr.org

Information on: child care assistance, child care registration, community

data, and starting a child care business.

Child Care Consultant:

Phone: 712-541-2432— DHS Child Care Provider applications along with a variety of child care issues including business management and quality ratings. Appointments needed.

Referrals: Parent Educator 1-855-244-5301 or web based search available. CCR&R referrals are provided to parents free of charge, based on their specific needs. Parents are provided different child care options available in the community.

Health

➤ Crawford County Home Health, Hospice & Public Health Lead Screening: Available at all Immunization Clinics for children 12 months old to 6 years old.

Senior Health Clinic: This is a clinic for individuals 60 years of age and older. Physical examination includes cholesterol, blood sugar, hemoglobin and blood pressure screening. Tetanus booster will be

available. For more information or to schedule an appointment call 263-3303.

hawk-i: Insurance for children ages 0 to 19 years old, based on yearly income. Staff member available to provide information and help in completing application.

MR Waiver Services: See page 18 Brain Waiver Program: See page 18

Community Equipment Loan Program: See page 13

Case Management for Frail Elderly: Case Management is available to

any person regardless of income, who is age 60 or older

Hospice: Hospice is a program of palliative and supportive services which provides physical, psychological, social, and spiritual care for dying persons and their families. Bereavement the Hospice team attempts to be present at time of death to offer support and reassurance to the family

Iowa Breast & Cervical Cancer Early Detection – Care for Yourself Program: A special service for women age 40 to 64. You may be eligible to receive a variety of health examinations at no cost to you if you have no health insurance, a policy that does not cover these services, or you cannot pay your deductible or co-insurance.

I-Smile (Dental): The I-Smile Program provides oral health screenings; oral health education; nutrition education relating to oral health; fluoride varnish application; and a referral to a dentist for comprehensive dental needs. The program targets pregnant women and children under the age of 21.

1st Five Healthy Mental Development Initiative: Program: Physician referred care coordination services for children ages 0-5 and their caregivers Participants have demonstrated a developmental concern or have expressed family stress, depression, or lack of resources. Children and their families are then linked with community resources for guidance and support.

Child Care Nurse Consultant: consultation to early care and education environments (page)

Family STEPS: in-home visitation for prenatal – age five see page 24.

Health

> Carroll Area Nursing Services- Denison Branch

1824 4th St – Denison, IA 51442

Phone: 712-263-3078 or 800-920-2267 Fax: 712-263-8868

https://canshomehealth.com/ 24-hour on call service

Offering Skilled Nursing; Home Health Aide; Physical & Occupation Therapy; Speech Therapy; Dietitian; Wound, Ostomy & Continence Nurse; and Medical Alert Systems.

Child Health Specialty Clinics

204 W 7th Street, Carroll, IA 51401

Phone: 712-792-5530 Fax: 712-792-4825

www.chsciowa.org

Assuring a system of care for Iowa's children and youth with special health care needs. Children with chronic conditions like asthma, diabetes, developmental or behavioral disorders like autism or attention deficit hyperactivity disorder, and complex health issues. Division of child and community health in collaboration with the University of Iowa, Carver College of Medicine.

hawk-i (Healthy and Well Kids in Iowa)

hawk-i health care coverage for uninsured children of working families. Low or no cost. The *hawk-i* program offers dental only coverage for children who have health insurance but may not have dental coverage.

ph: **800-257-8563** (Mon-Fri, 8 a.m.-7 p.m.)

Website: https://www.healthcare.gov/
To qualify, a child must live in Iowa and:

Be under 19 years old; Have no other health insurance (including Medicaid); Be a citizen of the United States or a qualified alien; Be in a family that meets the hawk-i income limits; Cannot be the dependent of a State of Iowa employee

> Crawford County Medical Clinic

100 Medical Drive – Denison, IA 51442 Phone: 712-265-2700 Fax: 712-263-1777 Specialty Clinic Phone: 712-265-2600

> Crawford County Medical Clinic - City Center

115 N 14th – Denison, IA 51442

Phone: 712-263-5071 Fax: 712-263-6106

> St. Anthony's Clinic

1820 Hwy 30 East – Denison, IA 51442 Phone: 712-263-6116 Fax: 712-263-6115 235 HWY 30 – Westside, IA 51467 Phone: 712-263-4371 Fax: 712-663-4370

> Denison Family Health Center

2540 N Avenue – Denison, IA 51442

Phone: 712-263-3033 Fax: 712-263-3052 or 3054

Older Adults:

> Senior Aides Employment & Training Program West Central Community Action

1408a Hwy 44, PO Box 709

Phone: 712-755-5135

Website: http://westcentralca.org/

Provides on-the-job training and community service opportunities to persons 55 years of age or older. WCCA places Senior Aides in work experience positions for public and non-profit organizations to work up

to 20 hours a week.

> Senior Health Insurance Information Program (SHIIP)

1-800-351-4664 or www.therightcalliowa.gov

Hours: 8:00 am – 4:00 pm M-F

Telephone consultation and free publications to provide information about the insurance questions faced by older adults, including: Medicare coverage, Medicare Supplement Insurance Policies, Medicare Part D, Long-Term Care Insurance. In person conferences available.

Crawford County Government Offices

> Crawford County Courthouse

Courthouse Address: 1202 Broadway, Denison, IA 51442

Website: http://www.crawfordcounty.org/

Auditor – Phone: 712-263-3045

Clerk of Court – Phone: 712-263-2242 Conservation Board – Phone: 712-263-2748 County Attorney – Phone: 712-263-2601 Crime Stopper – Phone: 7102-263-4050

Driver's License (renew driver's license) Phone: 712-263-3439

Engineer – Phone: 712-263-2449

Mental Health/Veterans Affairs – Phone: 712-263-2720

Treasurer (taxes) 712-622-7411

Motor Vehicle – Phone: 712-263-2178 Property Tax – Phone: 712-263-2648 Assessor – Phone: 712-263-3447 Recorder – Phone: 712-263-3643 Landfill – Phone: 712-263-5945

Sheriff (non-emergency) – Phone: 712-263-2146 County Supervisors – Phone: 712-263-3340 Weed Department – Phone: 712-263-6337 Zoning Board – Phone: 712-263-3447

Septic/Well Permits, Well Water Testing – Phone: 712-792-9532

Older Adults

> Crawford County Right to Life Lifelong Links

Phone: 712-263-3282 or 712-263-5579

Website: www.i4a.org

Resources/Services/Agencies for seniors, caregivers and persons with

disabilities.

> Crawford County Senior Center

Address: 201 S Main, Denison, IA 51442

Phone: 712-263-4950

Hours: M-F 8:00 am – 4:00 pm

Nutrition, transportation, recreation, Meals on Wheels, and information

for the elderly.

Elderbridge Agency on Aging

603 N. West Street, Carroll, Iowa 51401 Phone: 712-792-3512 or 800-243-0678

7:45 a.m. - Noon 12:20 pm - 4:15 p.m. Monday-Friday

Website: http://www.elderbridge.org/

Eligibility: Persons 60 years of age or older and their families Information, assistance, case management and/or advocacy for a full range of senior needs. Informational meetings and programs for seniors.

> Iowa Department on Aging

Department of Elder Affairs, Phone: 800-532-3213 or 515-725-3333

Website: https://www.iowaaging.gov/

Handbook For Older Iowans -A comprehensive easy-to-read booklet with basic information about health care, long-term care insurance, financial benefits, powers of attorney, wills and trusts, funeral laws, consumer protection, age discrimination, more. Published by the Young Lawyers Division of the Iowa State Bar Association, revised periodically. Search website for Handbook for Older Iowans for a downloadable copy or call for a free copy.

> Lifeline

Crawford County Memorial Hospital

Address: 100 Medical Drive, Denison, IA 51442

Phone: 712-265-2500

> Proteus

409 Kenyon Road, Fort Dodge IA 50501

Phone: 800-798-8225

Basic education, vocational training and other program services to assist eligible seasonal and migrant farm workers and/or their dependents to acquire full-time non-seasonal jobs that offer financial stability. Proteus also helps to stabilize workers' seasonal agricultural employment through local delivery of supportive services.

Health-

Dentists: Broadway Dental 1415 Broadway – Denison, IA Phone: 712-263-5615 Drexel Nixon, DDS 1320 1st Ave N – Denison, IA Phone: 712-263-3265 Pediatric Dentistry 28 N Main St – Denison, IA Phone: 712-263-2111 **Chiropractors:** Denison Chiropractic PC 17 S 14th – Denison, IA 51442 Phone: 712-263-5608 Dreyer Chiropractic LTD 203 N Main - Denison, IA 51442 Phone: 712-263-4545 Lambert Family Chiropractic 909 4th Ave S – Denison, IA 51442 Phone: 712-263-4545 Segebart Chiropractic 1607 4th Ave S – Denison, IA 51442 Phone: 712-263-6546

Schleswig Chiropractic Clinic 204 Birch - Schleswig, IA 51461

Phone: 712-767-3307

Medical Equipment:

CCHHH&PH- Community Equipment Loan Program

105 N Main – Denison, IA 51442

Phone: 712-263-3303

Home Care Medical

1328 Broadway – Denison, IA 51442

Phone: 712-263-8016

Topko Home Equipment

1401 Broadway – Denison, IA 51442

Phone: 712-263-8464

Mental Health & Counseling

Catholic Charities

Council Bluffs

Phone: 712-328-3086

> Cherokee Mental Health Institute

1251 West Cedar Loop, Cherokee, IA 51012

712-225-2594 (24 hours a day)

Inpatient treatment for adults, adolescents and children who are in need of acute psychiatric service. Adolescent and children age 7-17 served. Services available only upon referral by a county's CPC (Central Point of Coordination for mental health services); in Crawford County Plains Area Mental Health see page 15.

Lutheran Family Services

Admin Office: 230 9th Ave N – Fort Dodge, IA 50501

Phone: 515-573-3138 or 800-622-7285 Denison location Zion Lutheran Church

Address: 1004 1st Ave South Denison, IA 51442 Phone: 515-251-4900 to schedule an appointment

> Lutheran Services in Iowa

205 South 7th Street - Denison, IA 51442

Phone: 712-263-9341 Fax: 712-263-6061 No person should feel helpless or alone when it comes to their mental health. LSI's Mental Health Services empower Iowans along the way to a healthier and happier future. Most insurances accepted, flexible appointments, specialized in a variety of therapies.

Manning Regional Healthcare Center Family Recovery Center

410 Main St. – Manning, IA 51455

Phone:712-655-2072 or 800-656-6372

Website: http://www.mrhcia.com/wordpress/recovery-center
Adult chemical dependency/treatment/residential and out-patient services. Adolescent outpatient (12-18 yrs.); Prevention/

intervention/evaluation; OWI evaluation.

Disability

➤ Iowa Office of Deaf Services Department of Human Rights

Lucas State Office Bldg. – Des Moines, IA 50319

Phone: 888-221-3724 or 515-281-3164 Fax: 515-242-6119

https://humanrights.iowa.gov/cas/ds

... Resources - Relay Iowa - Relay Friendly Business Directory

... Interpreting list of interpreters

> Iowa Vocational Rehabilitation Services (IVRS)

619 No. Carroll St., Carroll. IA 51401

Office hours: 8:00 am -4:30 pm Monday-Friday

Phone: 712-792-9351 Fax 712-792-4460

Website: http://www.ivrs.iowa.gov/

Assists individuals who have disabilities to reach their employment goals. Appointments are needed. *Eligibility:* An individual must have a disability that affects his/her ability to be employed and must need

rehabilitation services in order to work.

> Prevent Blindness Iowa

Address: 1111 9th Ste, Ste. 250 - Des Moines, IA 50314

Phone: 800-329-8782 or 515-244-4341 Website: https://iowa.preventblindness.org

Prevent Blindness Iowa is at work in communities across Iowa with sight-saving programs for children, adults, and older citizens. Dedicated to preventing blindness and preserving sight through public and professional education, early detection, patient services and research.

> WESCO

415 11st St

Phone: 712-263-6141 Fax: 712-263-4886

Comprehensive range of services to assist individuals with disabilities to be as independent as possible, including: supported community living; respite care; community supervised living; pre-vocational services; supported employment; home and vehicle modification; consumer directed attendant care; and more.

Disability

> Crawford County Home, Health Hospice Public Health Public Health

Address: 105 N Main, Denison, IA 51442

Phone: 712-263-3303 Fax: 712-263-4033

Website: http://crawfordcountyhealth.com/

MR Waiver Services: The MR Waiver Program provides home and community-based services to children and adults diagnosed with mental retardation.

Brain Waiver Program: The BI Waiver Program provides Home and Community Based Services to persons diagnosed with a brain injury in order for the client to be able to remain in his or her home for as long as possible.

Easter Seals Society of Iowa & Camp Sunnyside

401 NE 66th Ave. – Des Moines, IA 50313-1243

Phone: 515-289-1933 Fax: 515-289-1281

www.ia.easter-seals.org

Easterseals Iowa has been supporting individuals with disabilities and special needs, and their families, to live independent lives for more than 90 years. Offering a variety of services to support people with disabilities as they address life's challenges and achieve personal goals.

> IOWA Compass

Phone: 800-779-2001, 711 for relay

Email: <u>iowa-compass@uiowa.org</u> Website: <u>https://iowacompass.org/</u> Iowa compass connects people with disabilities and complex heath-related needs to services and supports in their communities through Iowa.

> Iowa Department for the Blind

Address: 524 4th Street – Des Moines, IA 51309

Phone: 800-362-2587 or 515-281-1333

https://blind.iowa.gov/

The Department supports and encourages independent living and full participation in life – at home, at work and in communities. Offices in Des Moines and field staff operating statewide.

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Mental Health & Counseling

> Plains Area Mental Health Center

515 Hwy 39

Denison, IA 51442

Phone: 712-263-3172 Fax: 712-263-5756

8:00 am to 8:00 pm M 8:00am -5:00pm T-F Website: http://www.plainsareamentalhealth.org/

Purpose is to provide supportive counseling and therapeutic interaction, emergency services, school based programs, community link mentoring

program.

> St. Anthony Mental Health Services

St. Anthony Regional Hospital

405 S. Clark Street, Carroll, IA 51401

Phone: 800-562-6060 - available 24-hours for crisis and non-crisis calls

Outpatient Services (712) 794-5435

Inpatient and outpatient care for a variety of mental health needs, including psychiatric consultation and treatment along with counseling for individuals, couples and families.

Season Center

Phone:1-800-242-5101 - referrals and appointments

www.seasonscenter.org

Family-Focused Trauma-Informed (regional partnership grant) to provide healing and supportive services to children and their families in 10 Northwest Iowa Counties that have experienced trauma due to substance use and addiction by their parents or caregivers. Adverse Childhood Experiences (ACE): screening & assessments, evidence based therapies, care coordination services, therapeutic respite care, cross-system trainings.

Addiction Assistance & Prevention

> Alcoholics Anonymous

Phone: 712-263-5065

> Crawford County Tobacco Prevention:

Address: 116 N 2nd Ave, Logan, IA 51546

Phone: 712-644-2220 Quitline: 800-784-8669

Education designed to prevent tobacco use and drug and alcohol abuse. Programs available for: school-aged youth; adults (including workplace

education); and for communities through coalitions.

Gambling Hotline: 800-BETS-OFF (800-238-7633)

24 hours/day, 7 days/week

Information and referrals for gambling concerns – for yourself or others.

> Jackson Recovery Centers

Address: 1233 Broadway, Denison, IA 51442

Phone: 712-263-5065 Fax: 712-263-6366

Website: http://jacksonrecovery.com/
Office hours 8:00 am – 4:00 pm M – Th

Outpatient individual, family, and group crisis interventions, 24 hour

screen.

Main Office: 800 5th St , Sioux City, IA 51101

Phone: 712-234-2300 - 800-472-9018 Fax: 712-234-2399

Legal

> Iowa Legal Aid

Northwest Iowa Regional Office, 520 Nebraska Ave, Sioux City IA Phone: 800-532-1275 application line or 800-342-9229

http://www.iowalegalaid.org/

Legal representation for low-income Iowans in selected situation. Information available on-line, in English, Spanish, Chinese, and Bosnian. On-line chat also available.

➤ Legal Hotline for Older Iowans 800-992-8161

http://www.iowalegalaid.org/

Hours: 9:00 - 4:30 M - F

A project of Iowa Legal Aid. Provides free, confidential legal advice and other services to Iowans age 60 or older. Information and advice about noncriminal issues, including: Consumer & Finance, Housing, Family Law, Grandparent Visitation and other issues, Individual Rights, Wills and Life Planning, Health Care, Public Benefits Nursing Home and Long Term Care.

> Iowa Concern Hotline 800-447-1985

www.extension.iastate.edu/iowaconcern/

Free, confidential 24/7 hotline to assist with issues causing stress, including financial, legal and other issues. Attorney on staff to provide legal information. Operated by Iowa State University Extension. Information and live chat available on-line.

Office of Ombudsman

Phone: 515-281-3592 or 888-IA-OMBUD (888-426-6283)

Email: ombudsman@legis.iowa.gov/Ombudsman/

A legislative office established to investigate complaints and answer questions concerning most state and local government agencies.

> Iowa Attorney General Consumer Protection Office

Phone: 515-281-5926 or 888-777-4590

Email: consumer@iowa.gov

Information and enforcement to protect consumers from fraud and ensure fair competition. The Attorney General's office also helps crime victims, raises child support awareness, and provides other legal services to the state of Iowa.

Iowa Attorney General Main Office

Phone: 515-281-5164 www.iowa.gov/government/ag

Website: http://www.iowaattorneygeneral.gov/

> US Citizenship & Immigration Services website: www.uscis.gov

Phone: 800-375-5283