

October Activities

Name: _____

2019

Family Time

I've compiled a calendar of activities to try with your child. These activities align with objectives from our classroom curriculum. Please initial each activity done with your child and return at the end of the month. The activities can be done in any order on any day. I hope these suggestions spark conversations and learning experiences for your family. —Mrs. Grossman



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Ask your child what makes him/her feel happy. Doing something, seeing someone, or going somewhere special? Offer some examples of your own. Social Emotional	22 Count groups of objects up to the number 10. Then help your child sort items by similarity (items in a pile that are all big, all red, etc.) Counting, Classification	233 Role-play welcoming someone. Help your child say, "Hello! My name is _____. Do you want to play? " and show some of his/her toys. Play with your child. Social Skills, Dramatic Play	4 Ask your child to draw something she/he remembers from a book they read. Book/Story Retell	5 Set the table together. Count the dishes, silverware, cups, etc. Make name cards for family members so they know where to sit. Counting, Print/Writing, Family Routines
6 Line up pillows on the floor and try to jump from one to another without touching the floor. Pretend to be frogs jumping on lily pads. Don't fall in the pond! Dramatic Play, Gross Motor	7 "Let's Play Please Pass while we eat. When you want something, face the person who has it, use a strong, respectful voice, and ask for what you want." Model and practice first. Self-Regulation, Routines	8 Sort toys by size. Use words such as big, bigger, medium, small, smaller, etc. Classification	9 Have your child "read" a familiar book to you. Have he/she use the pictures to describe action across the pages. Literacy	10 Make a puppet using old socks or paper bags. Tell stories using the puppet. Dramatic Play, Speaking	11 Sing familiar farm songs with your children. ("Old Macdonald, "The Farmer in the Dell," etc.) Music, Movement	12 Play "Who's Happy, Who's Sad?" When you see a happy clue on someone's face/body, tap your head. If you see a sad clue, tap your tummy. Emotional Cues
13 Move like your favorite animals through your house. When you get to a new room, change to a new animal. Dramatic Play, Physical	14 Have your child "read" a book to you. Tell your child what you liked about the book and ask what she/he liked. Retell, Speaking, Literacy	15 Go on a "number hunt" while at the store. What numbers can your child find and recognize? Number recognition	16 Go to a park and play ball! Practice bouncing, catching, throwing, and kicking the ball. Gross Motor	17 Turn on some music and take turns making up a movement. Play copy cat boogie, by following what each other does. Physical	18 Look for picture or objects that start with the same sound as your child's name. When you say the words, emphasize the beginning sound: "buh, buh, ball." First Sounds	19 Make a simple pattern using silverware or other items, (spoon, fork, knife, spoon, fork, knife) have your child predict what goes next. Patterns
20 Take your child grocery shopping and talk about what you see: the sections of the market (dairy, meat, etc), what foods you buy, and why. Social/Language-rich experiences	21 Involve your child in preparing a meal. At dinnertime, talk about what you are eating and how you made it. Engagement, communication, routines	22 Play the game, "I am thinking of a word that rhymes with ____." Silly nonsense words are always super funny! Rhyming	23 Turn on some music and try to jump around/continue movement though the entire song. Check out what it does to the way you are breathing. Discuss with your child Inquiry, curiosity	24 Look at the pictures in a book. Say, "Let's try to tell how the people are feeling. We can tell by their faces and bodies or by what is happening in the picture. " Discuss how things in pictures are feeling. Emotional Cues, Social Skills	25 Have your child "read" a book to you. Tell your child what you liked about the book and ask what she/he liked. Retell, Speaking, Literacy	26 Spread out a bunch of small items in a room. "Crab walk" to each item, put the item on your tummy, then crab-walk the item to a new spot. Physical
27 Turn off the TV and phone tonight! Play a game, talk about your day, or have reading time. Language-rich experiences	28 Count groups of objects up to the number 10. Then help your child sort items by similarity (items in a pile that are all big, all red, etc.) Counting, Classification	29 Sort toys by size. Use words such as big, bigger, medium, small, smaller, etc. Classification	30 Move like your favorite animals through your house. When you get to a new room, change to a new animal. Dramatic Play, Physical	31 Make a simple pattern using silverware or other items, (spoon, fork, knife, spoon, fork, knife) have your child predict what goes next. Patterns		

Please initial each activity done with your child. Please return at the end of the month.